

Curriculum Vitae

WALACH, HARALD

Current Positions

Founder and CEO of Change-Health-Science Institute, private consulting (March 2017)

Member of the board of directors of the Institute for Border Areas in Psychology and Mental Health (IGPP e.V.), Freiburg

Married to Johanna Walach-Riepl since 1986

Four children: Gregor Riepl (*1980), Ulrich (*1988), Maria-Theresia (*1990), Raphael (*1993) Walach

Born 6th February, 1957

Nationality: German

Education

University of Freiburg	Habilitation	1998	Psychology (full venia legendi)
University of Vienna	PhD	1995	Philosophy and History of Science (A)
University of Bale	PhD	1991	Clinical Psychology (insigni cum laude)
University of Freiburg	Diploma	1984	Psychology (2)

Scholarships

1979-1984	Cusanus-Werk, Germany, Undergraduate Program
1988-1990	Cusanus-Werk, Germany, PhD Program

Former Positions and Employment

1985-1987	Managing director of an adult education centre, St.Katharina-Werk, Bale, Switzerland
1991-1998	Postdoctoral researcher at the Department of Psychology, Rehabilitation-Psychology within research projects in the evaluation of complementary medicine (homeopathy and acupuncture)
1993-1995	Replacement of several vacant tenure and non-tenure positions, University of Freiburg, Department of Psychology
1998-2000	Senior researcher and coordinator of the Freiburg DMILS-lab at the Institut für Grenzgebiete der Psychologie

1999-2005	Co-ordinator and director of the research group for the evaluation of complementary medicine at the University Hospital, Freiburg, Department of Environmental Medicine and Hospital Epidemiology
1998-2005	Honorary lecturer in psychology at the University of Freiburg
since 2001	Editor of <i>Complementary Medicine Research</i> (formerly <i>Forschende Komplementärmedizin und Klassische Naturheilkunde/Research in Complementary Medicine; Karger</i>)
2001-2013	Director of the European Office of the <i>Samueli Institute for Information Biology</i> (SIIB)
2003-2009	Head of the academic section for the evaluation of complementary medicine at the University Hospital, Freiburg, Department of Environmental Medicine and Hospital Epidemiology
2005-2009	“Research Professor” in Psychology, University of Northampton, UK, Division of Psychology, School of Social Sciences
2007-2009	Editor-in-Chief of <i>Spirituality and Health International</i> (Wiley)
since 2009	Editor-in-Chief of the book series <i>Neuroscience, Consciousness, Spirituality</i> (Springer)
2010-2016	Professor of Research Methodology in Complementary Medicine and Director of the Institute of Transcultural Health Studies, Faculty of Cultural Sciences, Europa Universität Viadrina, Germany
2016	Visiting Professor, Medical Faculty, Universidad Federal Juiz de Fora, Brazil
2016	Visiting Professor, Georgetown University Medical School, Program for Integrative Medicine
2016 - 2021	Professor Medical University of Poznan, Poland
2016 -	Visiting Professor Univesity Witten/Herdecke, Witten, Germany

Publications	205 peer reviewed papers
	112 book chapters
	16 authored monographs
	16 edited monographs
	144 solicited texts (editorials, invited papers)

Ranking	rank 31.716 in John Ioannidis standardized citation metrics (Ioannidis, J. P. A., Baas, J., Klavans, R., & Boyack, K. W. (2019). A standardized citation metrics author database annotated for scientific field. <i>PLoS Biology</i> , 17(8), e3000384. doi:10.1371/journal.pbio.3000384), i.e. among the 5 per thousand most cited authors world-wide
----------------	---

Research Experience	conducted many different types of studies, clinical, experimental, validation and evaluation studies, surveys, development of questionnaires, conceptual studies; supervised and examined several dozens of PhD theses and countless other academic qualification theses
----------------------------	--

Consulting and Referee (Selection)

Referee/Consulting for:

NIH National Center for Complementary and Alternative Medicine, USA
Wellcome Trust, UK
Agency for Quality Standards in Healthcare, USA
Robert-Bosch-Foundation, Stuttgart
Carl-und-Veronica-Carstens Stiftung
European Community, 5th Framework Quality of Life and Living Resources
Department of Health, UK
Economic and Social Research Council, UK
National Research Council, Norway
British Academy, UK
Norwegian Cancer Society, Norway
WHO Expert Working Panels Evidence Base of Homeopathy & Complementary Research
Methods
Medical Faculty Charité
University of Sydney, Department of Philosophy
National Institute of Health, UK
Medical Research Council, UK
University of Buckingham, UK
Maquaree University, Australia
Technical University of Durban, South Africa
University of Aarhus, Denmark
University of Gothenburg, Sweden
University of Leeds, UK
University of Copenhagen, Denmark
Bundesministerium für Bildung und Forschung, Bonn
Bundesinstitut für Arzneimittel, Bonn
Schweizer Nationalfonds

Lancet
Psychopharmacology
British Journal of Clinical Psychology
Zeitschrift für Gesundheitswissenschaften
Zeitschrift für Klinische Psychologie
Verhaltenstherapie
Homeopathy (formerly: *British Homoeopathic Journal*)
Forschende Komplementärmedizin
Controlled Clinical Trials

Personality and Individual Differences
Journal of Alternative and Complementary Medicine
Journal of Parapsychology
Journal of the Society for Psychical Research
Journal of Meditation and Meditation Research
Focus on Alternative and Complementary Therapies
BioMed Central, online Medical Journals
eCam
Psychotherapy and Psychosomatics
Psychological Assessment
Neuroscience Letters
European Journal of Parapsychology
European Journal of Psychological Assessment
The Clinical Journal of Pain
Consciousness and Cognition
International Journal of Psychiatry in Medicine
The Neuroscientist
Sleep Medicine
Annals of Internal Medicine (Outstanding Reviewer)
Diagnostika
Archives of General Psychiatry
International Journal of Epidemiology
PloS One
Journal of Consciousness Studies
Journal for the Study of Spirituality
Spiritual Care
Child Development
Journal of Adolescent Health
Experimental Gerontology
American Psychologist

Advisory Board

European Initiative for Information on Complementary Medicine
Homeopathy
Journal of Alternative and Complementary Medicine
Focus on Alternative and Complementary Medicine (-2010)
Journal of Meditation and Meditation Research (2000 - end of publication)
Swiss Program for the Evaluation of Complementary Medicine
BioMed Central, online network of Biomedical Journals
Scientific Advisory Board, *Samueli Institute of Information Biology*, Newport Beach, CA

Bundesinstitut für Arzneimittel, Berlin (BfArM), member of *Arzneimittelkommission D for homeopathic drugs*, deputy biometrician and methodologist

Zeitschrift für Psychotraumatologie, Psychotherapieforschung, Psychologische Medizin
[Journal for Psychotraumatology, Psychotherapy Research, Psychological Medicine]

International Journal of Transpersonal Studies

Institute for Transcultural Health Studies, Europe University Viadrina, Frankfurt/Oder
(2008-2009)

Vidarinstitutet, Stockholm, Schweden

Journal for the Study of Spirituality

Spiritual Care

Journal of Alzheimer's Disease (2010-2012)

Medicines

Philosophy and Humanities in Medicine

Scientific Advisory Board Hufelandgesellschaft

Organising and/or Programme Committee

Expert Meeting "Nonlocal Effects in Clinical Research, MPI Garching, February 1995

2nd Meeting of the German Association of Transpersonal Psychology, Freiburg, May 2001

Expert Meeting "Homeopathy Research, State of the Art", Freiburg, January 2002

Organising Committee "Towards a Science of Consciousness - Quantum Mind", Tucson
AZ, March 2003

Expert Meeting "Generalised Entanglement - Next Steps", Freiburg, March 2007

Meeting of the UK Research Group "Clinical Research in Complementary Medicine",
Northampton, April 2007

Expert Meeting "Neuroscience, Consciousness, Spirituality", Freiburg, May 2008

2nd European Conference on Spirituality and Health, Berne, Switzerland, May 13-15, 2010

4th International Congress on Complementary Medicine Research, Tromsø, Norway, May
17-20, 2010

Expert Meeting "Generalising Quantum Theory, Frankfurt (Oder), July 2010

3rd and 4th European Conference of Integrative Medicine, Berlin

3rd European Conference on Spirituality and Health, Berne Switzerland, May 17-19, 2012

2nd Expert Meeting on Mindfulness and Youths, Leeds, UK, July 2012

3rd Expert Meeting on Mindfulness and Youths, Leeds, UK, April 2013

8th International Conference on Complementary Medicine Research, London, May 2013

9th International Conference on Complementary Medicine Research, Miami, May 2014
Symposium in Honour of the 75th Birthday of Prof. Christian Andree, Frankfurt (Oder),
January 2015

Professional memberships

1992-1999	GIRI - International Research Group on Very Low Doses
1997-2001	International Association of Technology Assessment in Health Care
1995-2002	Society for the Exploration of Psychotherapy Integration
1994-present	Society for Scientific Exploration
1996-present	European Association of Psychotherapy
1998-present	German Society for Science and Culture of Consciousness (formerly DKTP; Founding member and former Vice President)
2001-present	German Society for Epidemiology and Statistical Documentation
2003-2011	American Academy for the Advancement of Science
2003-present	International Society for Complementary Medicine Research (ISCMR; Founding member, member of the board, President Elect, President 2007-present)
2015-present	German Society for Psychology (DGPs)
2015-present	Society for Mind-Matter Research

Acknowledgements, Awards:

1998	Elected for <i>Who is Who in the World</i> , <i>Who is Who in the Health Sciences</i> & <i>Who is Who in Science</i> 17 th & 18 th edition
1998	<i>Dictionary of International Biography</i>
1999	Posteraward <i>Deutscher Schmerzkongress</i>
2000	Research Award Naturheilverfahren of Insurance Company "Versicherung Continentale", (for the work "Mindfulness Meditation and Health", together with M. Majumdar).
2012	Hufelandpreis (together with Matthias Rostock, Johannes Naumann, Corina G�uthlin)
2020	Fanny Moser Preis, IGGP, Freiburg

Administrative Experience

PhD-Level	Member of the PhD-board of the Graduate School at the University of Northampton; deputy member of the board of the PhD committee of the Faculty of Cultural Sciences, European University Viadrina
Senate	Representative of the Department of Psychology, University of Northampton Deputy representative of the Faculty of Cultural Sciences, European University Viadrina

Faculty	Deputy representative of professors, Faculty Council, Faculty of Cultural Sciences, European University Viadrina
Management	Management, supervision and mentoring of research groups and young scientists
Union	Deputy representative of the European University Viadrina at the German Union of University Teachers (Deutscher Hochschulverband)

Skills and Expertise – Selection and Synopsis

Languages	German: first language; English: fluent in speaking and writing; Latin: fluent in reading; French and Italian: good reading skills; Italian: basic communication skills; Greek: good knowledge
Clinical	Full training in psychosynthesis (1985 – 1987); supervision in psychoanalysis and analytical therapy, weekly (1988-1995); Individual psychotherapies and counselling on private basis and within university context (1988-1997) Varieties of experiences as workshop leader, systemic counselling for business in education
Educational	Development of many own courses in adult education (1985-1992), academic teaching (since 1992 continuously), professional education (e.g. Freiburg acupuncture courses) and para-professional courses development and accreditation of academic postgraduate curricula (Northampton, UK: MSc Consciousness Studies; European University Viadrina: Cultural Sciences and Complementary Medicine); development of new formats (mindfulness for medical and other students)
Management	Management of an adult education centre (1985-1987) Management of own research projects since post-doctoral training (1992) Management of own research group within University (1994-1998) and University Hospital (1999 until now) context, with a stable research budget from granting agencies of around 500.000 € per year over the last 5 years
Meditation	Regular practice since 1975; Zen student since 1985

Rankings, Invitations, Honours

University of Plymouth, Head of School application 2016, one of four runners-up
University of West Georgia, Head of School, invitation as external candidate 2017

Research Profile

Clinical research in complementary and alternative medicine (clinical trials, evaluation studies)

 Clinical studies in homeopathy, spiritual healing, mindfulness and health, PI and Co-PI

 Large outcome studies in acupuncture and homeopathy

Development of questionnaires

 Development of Freiburg Mindfulness Inventory

 Development of Exceptional Experiences Questionnaire

Experimental studies

 Experimental studies in placebo-research (caffeine-placebo paradigm)

 Experimental studies in anomalous cognition research

Historical and conceptual studies

 Western mystical tradition

 Spirituality and its role in modern psychology

 Philosophical foundations of psychology

 Historical research in medieval mysticism and its relationship to Franz Brentano